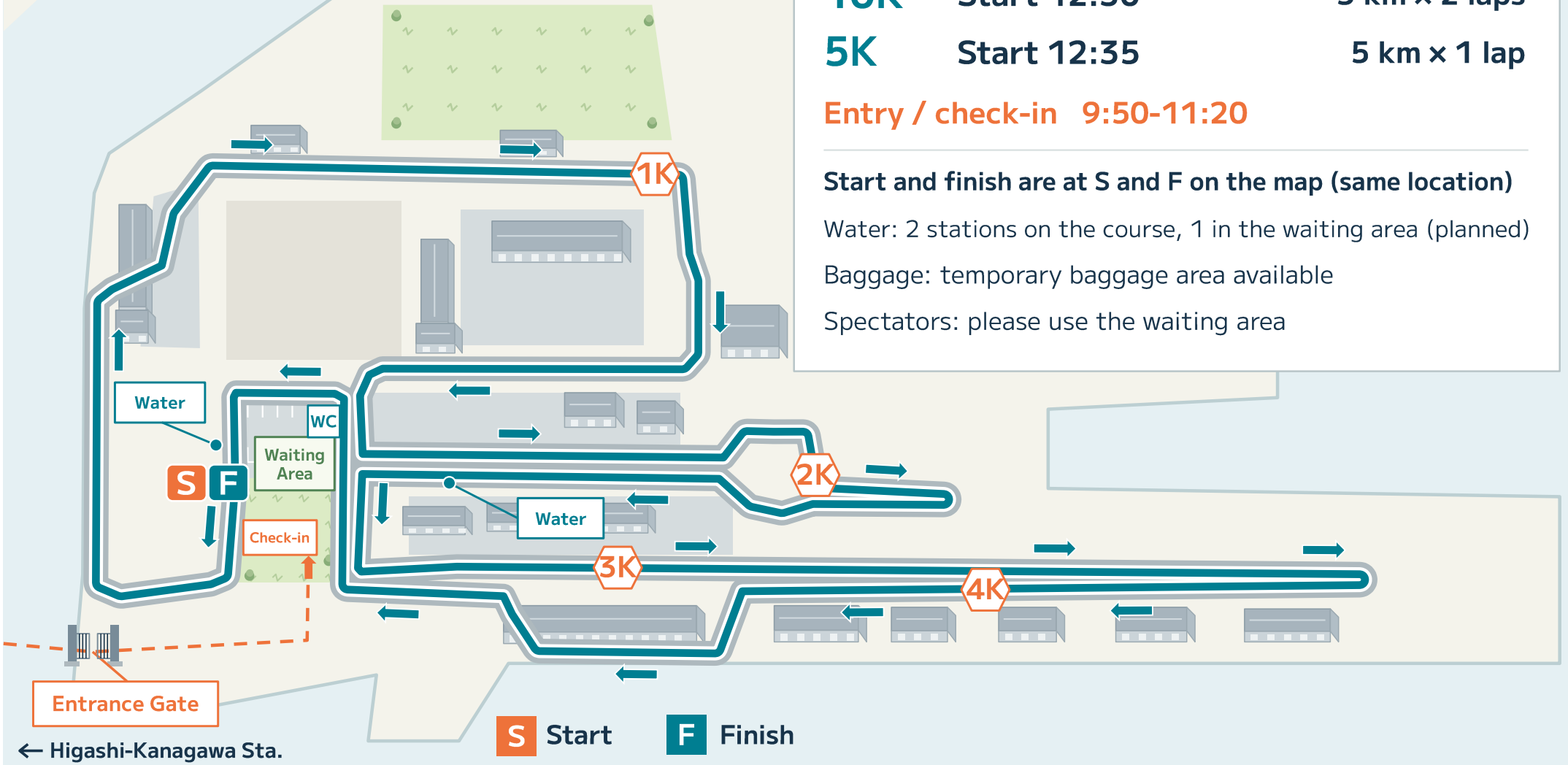
10K / 5K Course Map

Yokohama North Dock Run 2026



10K Start 12:30 — 5 km × 2 laps

5K Start 12:35 — 5 km × 1 lap

Entry / check-in 9:50-11:20

Start and finish are at S and F on the map (same location)

Water: 2 stations on the course, 1 in the waiting area (planned)

Baggage: temporary baggage area available

Spectators: please use the waiting area

Schematic map, not to scale.

Requests to all visitors

- Always carry your ID while on the base. Re-entry is not permitted.
- Bottles, glass, knives, firearms and other dangerous items are not allowed.
- You may bring food and drinks.

All facilities on the base are off limits

- You may warm up in the waiting area.
  Do not enter the course while another race is in progress.
- If U.S. military personnel speak to you, please follow their instructions.